



Synopsis of books by Shrutpragya Swamiji



Ghar eaj Swarag (Home itself the heaven) Price—\$5

Situations come up at home all the time. This book examines criteria needed to make the home heaven and if successful the home itself is truly heaven. It looks at changing attitude, communication, and code of conduct to lead a disciplined life. There are three main ingredients necessary in managing positive relationships: seva bhav- unconditional help and service, metri bhav- friendliness and sam bhav- equilibrium



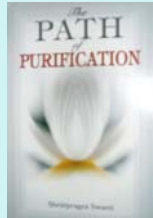
Kalpataru (Turning Point) Price—\$10

This book examines a healthy and spiritual life from the viewpoints of Gita, Jainism and Buddhism. Each chapter talks about how to live and manage a healthy lifestyle. Examining elements such as health, mental peace, attitude, family relationships, and emotional balance. Many people have found change in their life after completing this book.



Aarogyano Prayog (Health essential for progress in life) Price—\$5

Health is a very important part of life. This book examines natural processes that increase a person's health and well-being such as nutritious foods, lifestyle, svar shastra, mantra, laughing, color, urine, yoga therapies, ayurveda and prekshadhyam.



The path of Purification (in English) Price - \$5

English translation of "Astittva ni sodha me" (search for soul) carries a profound spiritual message. Three jewels of Jainism; the journey of right perception, right knowledge and right conduct contain the secret of nine tatvo which helps the readers to recognize the right path to come into a closer union with the truth.



Set of 12 Pravachan Books - Price \$10

This is a set of 12 discourse given at Jain Society of Metropolitan Chicago covers our rich Jain heritage and how it fits in everyday life. In these books Shrutpragyaji encourages us to live in present with awareness and thus begins the process of becoming karma-less. These books is the reflection of Swami Shtutpragya's modest style which is simple and straightforward and his untiring effort, humor and flexibility.

Prarabtha nu pushpa purushartha ni sungadh Price \$2

This book is based on pravachans in Jainism that were given in California in 1993 on the eight different karmas. This book focuses particularly on the effort to destroy the karmas to achieve fate (praraptha).

Books can be ordered from:

Aruna Shah
Oklahoma, USA
918-369-3163 (Home)
918-605-8805 (Cell)
E-mail: kshah4@cox.net

Bina Shah
Los Angeles, USA
714-277-4523 (Home)
714-210-9523
nshah0308@adelphia.net

Dina Mehta
Connecticut, USA
203-393-2916 (Home)
shrutvani@yahoo.com

Pradip Mehta
Rajkot, India:
99 253 60605 (Cell)
anuvrat8@yahoo.com

Navkar Mantra: Prayog and vidhio Price \$5

There are an infinite number of obstacles in the human life, but spiritual leaders (gurus) throughout history have developed various mantras in order to prevent obstacles created by planets, thoughts, and circumstances that affect human life. Navkar mantra is made up of fourteen parvas. This book explains all aspects of Navkar mantra and how to concentrate its experiment and methods.

Manas dukhi kem che? (Why mankind is unhappy?) Price - \$5

How your state of mind and health may be profoundly influenced for good or ill by your anxiety/worries is challengingly explained in this unusual book. It clarifies fundamental problems that affect everyone. A better understanding of why this happens can spare us needless pain and trouble. This book talks about about resolve to carry out our duties more conscientiously.

Vyaktitya Vikas (Personality Development) Price—\$5

This book discusses self development in your mental abilities, self confidence, mental power and motivation to reach your goals.

Compliments of JSOC, Denver, CO